

THOUGHTS FROM A DIGITAL MOM

GOOGLE: ANDROID/YOUTUBE/CHROME

Download **Family Link** app

STEP ONE: Invite your spouse

STEP TWO: From top left select **add a child**

Note you will need an email address for your child if you want to restrict YouTube, etc

I. COMMUNICATION

“Account,” tap the **member's name**. Under **Help protect (member's name) Families > Only receive calls and texts from your phone contacts**. You can turn this on or off.

II. DOWNTIME

On your device, open the **Family Link App** and go to **Controls**. There you have options for **> Downtime, > Daily limit**

III. APP LIMITS

On your device, open the **Family Link App** and go to **Controls**. There you have options for **> Downtime, > App limit**.

IV. CONTENT RESTRICTIONS

- A. You Tube- In here decide if your kid should have **YouTube Kids, YouTube Supervised** or **Unrestricted YouTube** access. Option to select a **content rating**. Option to turn off **Auto Advance**.
- B. Google Chrome - In here block **Allow All Sites, Try To Block Explicit Sites** or **Only Allow Approved Sites**
- C. Google Search - In here **Filter, Blur** or **Off**



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